
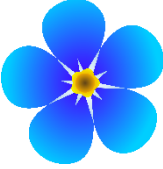




# May 2026

## Meals On Wheels - IND

All meals are made in Independence served every weekday.  
Extra meals can be ordered.  
Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
Menu subject to change					1 - Creamy Harvest Chicken Bake - Beets	2
3	4 - Sloppy (Zippy) Joe's - Tater-Tots - Corn	5 - BBQ Pork - Baked Beans - Peas	6 - Chicken Alfredo - Broccoli	7 - Beef Stroganoff - Mixed Veg	8 - Hotdogs - Mac & Cheese - Green Beans	9
10	11 - Pineapple BBQ Meatballs - Spiced Apples	12 - Ham & Beans - Hominy Veg	13 - Skillet Chicken & Biscuit Pot Pie - Apple Sauce	14 - Meatloaf - Mashed Potatoes - Peas	15 - Tuna Casserole - Corn	16
17	18 - Enchiladas - Corn	19 - Sweet & Sour Chicken and Rice - Medley Veg.	20 - Apple Glazed Pork - Au Gratin Potatoes - Mixed Veg.	21 - Chili Frito Pie - Hominy Veg	22 - Parm Chicken - Butter Noodles - Broccoli	23
24	25 CLOSED FOR HOLIDAY	26 - Beanies & Weenies - Green Beans	27 - Creamy Southern Chicken Spaghetti - California Medley	28 - Shepherd's Pie - Spiced Peaches	29 - Fish - Tater-Tots - Corn	Dessert Included With All Meals

EACH MEAL SERVED WITH BREAD/MARGARINE & MILK OR JUICE