

April 2026

Meals On Wheels - IND

All meals are made in Independence
served every weekday.
Extra meals can be ordered.
Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
Menu subject to change			1 - Chicken Strips - Mac & Cheese - Green Beans	2 - Hot Dogs - Mac & Cheese - Corn	3 CLOSED FOR HOLIDAY	4
5	6 - Chicken Enchiladas - Refried Beans - Corn	7 - Spaghetti & Meat Sauce - Veg. Medley	8 - Tuna Patties - Tater-Tots - Peas	9 - Apricot Pork - Scalloped Potatoes - Peas	10 - Italian Chicken - Mashed Potatoes - Corn	11
12	13 - Chili Frito Pie - Mixed Veg.	14 - Breakfast Casserole - Spiced Peaches	15 - Chicken Ala King - Broccoli	16 - Meatloaf - Mashed Potatoes - Green Beans	17 - BBQ Pork - Scalloped Potatoes - Spiced Applesauce	18
19	20 - Sweet & Sour Meatballs - Rice - Broccoli	21 - Riblets - Tater-Tots - Peas	22 - Chicken Al-Fredo - Normandy Veg.	23 - Chili Mac - Cheesy Corn	24 - Fish - French Fries - Hominy	25
26	27 - Biscuits & Gravy - Spiced Apples	28 - Pork Egg Rolls - Pineapple Rice - Normandy Veg.	29 - Chicken Jambalaya - Corn	30 - Ham & Beans - Mixed Veg.		Dessert Included With All Meals

EACH MEAL SERVED WITH BREAD/MARGARINE
& MILK OR JUICE