

February 2026

Meals On Wheels - Independence

All meals are made in Independence
served every weekday.
Extra meals can be ordered.
Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
Menu subject to change	2 - Italian Chicken - Au Gratin Potatoes - Green Beans	3 - Chili - Cauliflower	4 - Biscuits & Gravy - Spiced Apples	5 - King Ranch Chicken - Scalloped Potatoes - California Veg.	6 - Shepherd's Pie - Spiced Peaches	7
8	9 - Ham & Pineapple - Scalloped Potatoes - Spinach	10 - Chicken & Rice - Mixed Veg.	11 - Texas Hash - Green Beans	12 - Pork & Sour Cream Sauce - Noodles - Corn	13 - Tuna Noodle Casserole - Peas	14
15	16 - Chicken Al-Fredo - Broccoli	17 - Meatloaf - Mashed Potatoes - Green Beans	18 - BBQ Pork - Mac & Cheese - California Veg.	19 - Chicken Ala King - Carrots	20 - Chili Mac - Corn	21
22	23 - Ham & Beans - Mixed Veg.	24 - Chicken Patty - Mac & Cheese - Peas	25 - Hot Dogs - Baked Beans - Corn	26 - Spaghetti & Meat Sauce - Carrots	27 - Oven Fried Chicken - Mashed Potatoes - Green Beans	28
						Dessert Included With All Meals

EACH MEAL SERVED WITH BREAD/MARGARINE
& MILK OR JUICE