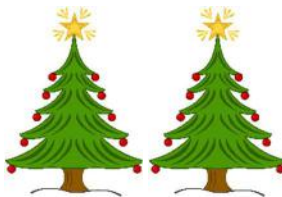


# December 2025

## Meals On Wheels - Ind

All meals are made in Independence  
served every weekday.  
Extra meals can be ordered.  
Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
Menu subject to change	1 - Biscuits & Gravy - Sausage Patty - Applesauce	2 - Shepherd's Pie - Cauliflower	3 - Italian Chicken - Au Gratin Potatoes - Corn	4 - Salisbury Steak - Mashed Potatoes - Carrots	5 - Ham w/ Pineapple - Scalloped Potatoes - Mixed Vegetables	6
7	8 - Chicken Al-Fredo - Normandy Vegetables	9 - BBQ Pulled Pork - Baked Beans - Broccoli	10 - Meatloaf - Mashed Potatoes - Green Beans	11 - Oven Baked Chicken - Stuffing - Peas & Carrots	12 - Sausage Au Gratin - Corn	13
14	15 - Tuna Casserole - Antigua Vegetables	16 - Sloppy Joe Bake - Green Beans	17 - Parmesan Chicken - Buttered Noodles - Peas	18 - Spaghetti & Meat Sauce - Italian Vegetables	19 - Sour Cream Pork - Noodles - Carrots	20
21	22 - Chicken & Rice - Normandy Vegetables	23 - Goulash - Mixed Vegetables	24 TBD	25 CLOSED FOR HOLIDAY	26 CLOSED FOR HOLIDAY	27
28	29 - Ham & Beans - Broccoli	30 - BBQ Chicken - Tater-Tots - Carrots	31 - Fish - Mac & Cheese - Peas	(January 1) CLOSED FOR HOLIDAY		Dessert Included With All Meals

EACH MEAL SERVED WITH BREAD/MARGARINE  
& MILK OR JUICE