



February 2025

MEALS ON WHEELS - INDEPENDENCE

All meals are made in Independence served every weekday.
Extra meals can be ordered.
Call 816-254-9566 between 8 – noon.

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|------------------------|---|---|--|---|--|---------------------------------|
| Menu subject to change | |  |  |  | | 1 |
| 2 | 3 - Scalloped Potato & Sausage Casserole - Vegetables | 4 - Hamburger Stew w/ Biscuit - Vegetables | 5 - Chicken & Noodles - Vegetables | 6 - Hot Beef Sandwich - Mashed Potatoes - Vegetables | 7 - Sliced Ham - Au Gratin Potato - Vegetables | 8 |
| 9 | 10 - BBQ Beef - Baked Beans - Vegetables | 11 - Texas Hash - Vegetables | 12 - Biscuits & Gravy - Sausage Patty | 13 - Chicken & Broccoli over Rice - Vegetables | 14 - Spaghetti & Meatballs - Vegetables | 15 |
| 16 | 17 - Lemon Pepper Fish - Mac & Cheese - Vegetables | 18 - Beefy Mac & Cheese - Vegetables | 19 - Sour Cream Pork - Scalloped Potatoes - Vegetables | 20 - Beef Enchiladas | 21 - Ham & Cheesy Mashed Potato Casserole - Vegetables | 22 |
| 23 | 24 - Smothered Beef Patties - Mashed Potatoes - Vegetables | 25 - BBQ Pulled Pork - Beans - Vegetables | 26 - Creamy Herb Chicken - Noodles - Vegetables | 27 - Meatloaf - Mashed Potatoes - Vegetables | 28 - Swedish Meatballs with Noodles - Vegetables | Dessert Included With All Meals |

EACH MEAL SERVED WITH BREAD/MARGARINE & MILK OR JUICE