

# December 2024

## Meals On Wheels - Independence

All meals are made in Independence served every weekday.  
Extra meals can be ordered.  
Call 816-254-9566 between 8 – noon.

<b>SUN</b>	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>	<b>SAT</b>
Menu subject to change	2 - Sloppy Joe Bake - Vegetables	3 - Pork Egg Rolls - Wild Rice - Vegetables	4 - Chicken Tenders - Tater Tots - Vegetables	5 - Spaghetti & Meatballs - Vegetables	6 - Breakfast Casserole - Spiced Peaches	7
8	9 - Parmesan Chicken - Au Gratin Potatoes - Vegetables	10 - Tuna Casserole - Vegetables	11 - Ham & Beans - Cornbread	12 - Hot Beef Sandwich - Mashed Potatoes/ Gravy - Vegetables	13 - BBQ Chicken - Baked Beans - Vegetables	14
15	16 - Shepards Pie - Vegetables	17 - Spanish Meatballs - Spanish Rice	18 - Chicken Ala King - Vegetables	19 - Meatloaf - Mashed Potatoes / Gravy - Vegetables	20 - Creole Chicken Over Rice - Vegetables	21
22	23 - Hot Turkey Sandwich - Mashed Potatoes - Vegetables	24 <b>CLOSED FOR HOLIDAY</b>	25 <b>CLOSED FOR HOLIDAY</b>	26 - Beef Enchiladas - Mexican Corn	27 - Ham & Cheese Sandwich - Chips - Pickle	28
29	30 - Goulash - Vegetables	31 - Chili Frito Pie - Spiced Apples				Dessert Included With All Meals

EACH MEAL SERVED WITH BREAD/MARGARINE & MILK OR JUICE